

Acupuncture Orthopedics Part 3

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This 4 hour class is the 3rd part of a 12 hour class teaching attendees how assess and treat patient's orthopedic complaints with Acupuncture.

Hour One

Patellofemoral Pain, Chondromalacia Patella, Knee Osteoarthritis, Knee Rheumatoid Arthritis, Prepatellar bursitis (Housemaid's Knee)

Acupuncture points for Knee Pain

Acupuncture treatment for knee osteoarthritis with sensitive points: protocol for a multicenter randomized controlled trial

Acupuncture points for Knee Pain

Medial Plica Pain

Pes Anserine Bursitis

Osgood Schlatters

Osteochondritis Dissecans

SLJ Syndrome

Baker's Cyst

Calf Strains and Sprains

Achilles tendonitis

Ankle sprains

Hour Two

Plantar Fasciitis

Tarsal Tunnel Syndrome

Stress Fracture foot

Metatarsalgia

Morton's Neuroma

Bunion

Whiplash

TMJ Dysfunction

Shoulder Orthopedic Tests

Hour Three

Shoulder Dislocation

AC Joint Sprain and Tear

Labral Tears

Slap Lesion

Bankart Lesion

Posterior Labral Tear

Rotator Cuff Tendonitis and Tears

Frozen Shoulder/Adhesive Capsulitis

Treatment of shoulder conditions with acupuncture points

Hour Four

Stinger or Burner of the Shoulder

Elbow Pain by location

Anterior

Lateral

Medial

Posterior

References: Acupuncture a Comprehensive Text – A Comprehensive Text Shanghai College of Traditional Medicine – J O'Connor and D Bensky c 1994

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